



# Yea High School YEAR 7 Handbook



Information for students and families regarding the Year 7 program

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Dear Parents and Students,

Welcome to YEA HIGH SCHOOL. We would like you to consider our School as the place for you and your child to be actively involved in secondary education for the next six years. Yea High School presents to students a broad curriculum in which every student is encouraged to participate fully and achieve excellence.

This is supported by extensive resources and facilities and a dedicated teaching staff with great experience and expertise.

At Year 7 our theme is 'My Start'. It's all about, building friendships, resilience, developing positive personal relationships with peers and adults and developing one's team work skills.

At Yea High School, we believe education is most effective when families are involved, when students are empowered and when relationships are strong between the student, family, school and community. With this in mind, Year 7 is inspired by the Big Picture model of education.

Big Picture Schools believe that true learning takes place when:

- A student is an active participant in the learning process
- A student's learning is personalised and
- A student's learning is blended with real life experiences and challenges.

In Year 7 at Yea High School, students are involved in a blend of Big Picture inspired education through Advisories and Student Led Conferences, whilst maintaining core subjects such as English, Maths, Science, Humanities, Music, LOTE (Indonesian), Physical Education and Health whilst also exploring a number of Technacy Subjects (Textiles, Woodwork, Graphics, Art and Home Economics).

On the following pages you will find information to help you understand and familiarise yourself with Year 7 learning at Yea High School. This information has been organised according to our Design Principles; Relationships, Relevance and Rigour. If you have any questions or comments, please do not hesitate to contact the school on (03) 5797 2207.

My team of Advisors and I are looking forward to working with you and your child as you enter the next phase of schooling.

Yours sincerely,



Ms Diane Miller  
Year 7/8 Head Advisor  
Leading Teacher



## **FEATURES OF YOUR NEW SCHOOL**

### **JUNIOR SCHOOL PROGRAM**

The Junior School program at Yea High School aims to give students a sense of belonging in a caring atmosphere as an extension of the work started in the transition process from Primary to Secondary School.

#### **Advisory**

The Junior School Team of Advisors work very closely together with students and their families to assist the student's transition to secondary school. The use of passports to high school undertaken by all Grade 6 students, during their last year at Primary School allows all Junior School staff to get to know the dislikes/likes, levels of ability, accomplishments and learning styles of all students before they enter Year 7. Programs are then developed throughout the school year to assist students. As well as this, in particular, we focus on helping students develop their self-esteem, a sense of belonging, self-motivation and social skills.

During your child's first term of high school you will be invited to an evening at the school 'Yea High Schools welcome BBQ' whereby you will meet informally with your child's teachers and their Advisor and get to know each other.

You will also be required on the evening to view and sign off your child's individual learning plan with their advisor. Your child's 'Individual Learning Plan' will have 3 goals; a personal, learning and an organisational goal which your child has decided to work on during their first year. This is a very enjoyable evening and widely attended.

During Term 4, your child will present to you and their Advisor their Student Led Conference which forms part of their gateway to Year 8. Each student has twenty minutes to present and share their progress and learning through their evidence of learning portfolio.

The presentation will provide evidence of what your child has accomplished during their first year at high school, what they have been proud of, what they have found challenging whilst also providing samples of work that have been developed over time. This conference is compulsory for all students.

## **PARTICIPATION AND EXCELLENCE**

During Year 7 all students have the opportunity to participate in a wide range of curricula and co-curricula activities promoting participation and excellence.

A number of our Junior students have been enthusiastic members of the school community and have participated in the Great Victorian Bike Ride, and also competed at House, Inter School, Eastern Zone and State level in a wide variety of summer and winter sports.

Students will be placed into a House during the first few days of Term 1. Where there is a family association with a particular House, students will be placed in that House if they so wish. Swimming, Athletics and Cross Country are all organised on a House basis.

All Junior School students are given the opportunity to achieve excellence and much of their work is displayed around the school. Special assistance programs are also offered in numeracy (GRIN – Getting Ready In Numeracy).

Leadership and public speaking opportunities are also fostered in our Junior School with transition visits to network Primary Schools and speaking at whole school assemblies and speech nights.

Students also have the opportunity to continue with their musical tuition or begin to learn a new instrument. Information regarding costs, including the hire of instruments, will be provided early in Term 1.



## **CAMPS**

Our school believes that camping and outdoor education are important educational experiences.

In 2018 we expect to organise the following for our Junior Students:

**Year 7**                      Rubicon Outdoor Education Camp, 3 days, Term 1.

**Year 8**                      Coastal Camp at Camp Manyung, 3 days, Term 1.

### **Orientation Camp - Year 7 2018**

All Year 7 students are expected to attend the Orientation camp.

While at the camp you will:

Participate in a range of exciting adventure activities, explore - and have lots of fun. We hope to develop a sense of self-esteem, confidence and initiative. You will make and foster new friends amongst the students and staff.



### **Coastal Camp Manyung - Year 8 2018**

All Year 8 students should attend this camp at Mt Eliza.

While at the camp you will undertake a number of activities such as body boarding and sailing with a qualified instructor.

We will also visit the Mornington Peninsula and enjoy night walks and games on the Dromana Safety beach.

This is a great opportunity to learn new skills or develop your existing ones.

Above all it is fantastic fun.



## **ADVISORS**

At Year 7 students are mixed up into advisory groups that meet for 2 periods a week. Each student will be allocated an advisor who you will meet early in Term 1. They are your first point of contact at the school. They deal with the day to day welfare of your child, advocate on their behalf, develop individual learning plans and check your child's attendance weekly.



**Philip Wischer – 7A    Jacinta Byers – 7B**

## **LIBRARY**

The School Library is available to all students for the purposes of researching assignments and general reading. Library staff are available to assist you. The Library is open to students fifteen minutes before school and fifteen minutes after school. It is opened most lunchtimes for activities and research. It is closed during recess. Students may use the Library during class time provided they have a class pass from their teacher. Students may borrow up to four books at any one time. The Library is equipped with computers, CD ROMs and Internet access and is also linked online with other schools in the cluster so that magazines, periodicals and newspapers can be readily accessed. Students on arrival at Yea High School will be given an Email Address so that they may communicate with others. Students are also able to borrow Ebooks and use their Compass app to reserve and locate books.

## **PHYSICAL EDUCATION**

This subject involves the study of movement sequences that demonstrate co-ordinated body actions and adapt motor skills to participate in games, activities and sports. Within each unit, knowledge of the activities rules, tactics and strategies are encouraged. Students are encouraged to develop good habits of participation and sportsmanship as well as a sense of enjoyment and fun from physical activity. During the year the following activities will be attempted: Swimming, Minor Games, Fitness Testing, Basic Movement Skills in Catching and Throwing, Athletics, Indoor Hockey, Basketball, Netball, Kicking Skills, Biathlon, Pateka, Newcombe Ball, Cricket and Softball.



## **STRIVE READING PROGRAM**

### **Independent Reading 7-10**

All students participate in independent reading for 25 minutes at the beginning of each double period during their English class.

Students are taught how to identify books that are 'just right'. During this time, a range of reading and comprehension skills are explicitly taught in a series of mini lessons. Students are provided with opportunities to practice these skills through independent reading.

Teachers engage in regular conferencing sessions with students to monitor their application of the skills and their understanding of the text. Goals are set between the teacher and student, which are monitored through regular discussion.

### **Enrich Group**

Through the analysis of a range of data including PAT-R (comprehension) and OnDemand (language and comprehension skills).

The Enrich group will select a small cohort of students from 7-8.



## **INSTRUMENTAL MUSIC**

Instrumental music tuition is available and operates under a withdrawal from class system for one period per week. Students wishing to enrol will have the opportunity early in Term 1, 2016. Tuition costs are most reasonable and instruments may be hired.



## **LOTE (Languages Other Than English)**

All Year 7 students at Yea High School study Indonesian.

## **COMPUTERS**

All Year 7 students will need to purchase their own laptop as part of the Yea High School leasing program. Computers are integrated into many subject areas too, for example: screen printing of T-Shirts in Graphics and Microsoft Word in English. Each new student has to sign an appropriate use of computer document to ensure the schools computers are used for educational purposes only.

## **SPORT**

*You are encouraged to participate fully in sporting activities.*

You have the opportunity to:

- learn and practise skills in P.E.
- represent your House in Swimming, Athletics and Cross Country Sports.
- represent your School.

Yea High School competes in the Southern Ranges Sports. There are four levels of competition: Years 7, Year 8, Intermediate (Years 9 & 10) and Senior (Years 11 & 12).

Interschool Sporting Competitions include:

### **Summer**

- Cricket
- Softball
- Golf
- Swimming
- Volleyball
- Basketball
- Cross-Country

### **Winter**

- Football
- Table Tennis
- Netball
- Soccer
- Squash
- Hockey
- Clay Target Shooting
- Badminton

Winners from Southern Ranges qualify to compete at Hume Region.

## **HOUSES**

Students are placed into House groups for Athletics, Swimming and Cross Country events. The Houses are BURNET (red), CASEY (yellow), CLARKE (blue) and DENNIS (green).

## **ASSEMBLIES**

General and Year Level assemblies are held regularly, dates can be viewed on calanders on the website and Compass. These are held for the awarding of certificates, recognition of excellence and general matters that affect the whole year level. Parents are always welcome to attend.

## **CAFETERIA**

The School Cafe is located across the corridor from the main entrance to the school. Lunches can be ordered by placing your order in bags provided and putting them in the cafeteria at recess. Lynette Wolstencroft is our Café Manager.

## **FORM CAPTAINS**

Form Captains are elected by their form groups in the first few weeks of the school year. The position holds a high level of responsibility.



Form Captains – 7A  
Louie Callander & Zoe Gregory



Form Captains – 7B  
Ryan Ockwell & Charli Hale

## **STUDENT LEADERS**

The Student Leadership Group comprises representatives from each form in the school. The students meet on a regular basis and have made many valuable contributions towards improving school life. For example, different food for the Cafeteria and SunSmart Hats which all students have to wear over the summer months, especially in Terms 1 and 4.



2018 School Captains  
Hannah Cooney & Max Westwood

Each form elects a Social Service monitor who attends meetings, collects weekly contributions from, and reports to the form, and organises Social Service activities. Various charities supported by your Social Service include: S.I.D.S., R.S.L., Royal Children's Hospital, Red Cross, State Schools Relief, Epilepsy Foundation, Cancer research organisations, our foster child, the Forty Hour Famine.



## WHAT DO I DO IF ...

- **I BECOME ILL OR INJURED?**

If you are ill or injured you should report to the General Office or yard duty teacher for assistance.

- **I AM LATE?**

Report to the General Office so that attendance rolls can be modified via Compass and a late pass issued.

- **I RIDE MY BICYCLE/SCOOTER TO SCHOOL?**

Place your bike/scooter in front of the main office. The wearing of a helmet is compulsory and bikes/scooters must not be ridden in the school grounds. Bikes should be chained and padlocked.

- **I LOSE SOMETHING**

First, you must retrace your steps and search hard. But, if you still can't find the item, check with the staff at the main office that it hasn't been handed in there.

***Don't bring valuables to school.***

***Make certain that all your possessions are clearly labelled.***

- **I AM OUT OF UNIFORM?**

Before school report to your Advisor, with a note, and they will sign it. The Student Welfare Officer may provide you with items of clothing on a short term basis.

- **I NEED TO LEAVE SCHOOL DURING THE DAY?**

Parents/Guardians need to update Compass with the reason for your early departure. Let your teachers know that you will not be attending their classes to get work missed.

**Remember: You must not leave school without permission. You must go to the office and wait for collection by either a parent/guardian.**

- **I AM STAYING AT A FRIEND'S AND WANT TO TRAVEL ON THEIR BUS?**

Bring a note from home and submit to the office so a bus pass can be issued. Where buses are full no bus pass can be issued.

- **I LOSE MY LOCKER KEY?**

See your Advisor to collect your spare key (if you have given them a spare) or the bolt cutters to break the lock!

- **I WILL BE AWAY FOR AN EXTENDED PERIOD OF TIME e.g. Family Holiday or Illness?**

Have your parents/guardian update the Compass Parents Portal and notify your Advisor who will organise work you will need to do in your absence so you do not fall behind.

- **I BREAK MY NETBOOK, OR IT ISN'T WORKING PROPERLY**

Go to the main Office and ask for a Netbook Repair Form, complete in detail and submit back to the office the form along with your Netbook. The IT Techs only work two days a week so it can take time to fix issues but check back at the office after a week to see if its been fixed.

## HOW DO I...

- **KNOW WHAT SUBJECTS TO TAKE?**

During Junior School (Years 7 & 8) all subjects are compulsory. These subjects are:

English

Maths

Science

Humanities.

P.E. (Physical Education)

LOTE (Indonesian Language)

Music

Art/Technology (Art, Textiles, Woodwork, Home

Economics, Graphics)

Advisory



Students receive 30 fifty minute periods of tuition a week.

- **STORE MY BELONGINGS?**

A locker in your classroom will be allocated to you on your first day. It is your choice as to whether you lock your locker. If you bring a padlock, it is advisable to keep a spare key with your Advisor that has a tag attached with your name and form. These will be kept in the Junior School Office.

Students who misuse or damage the lockers will have the privilege withdrawn.

**Never leave valuables in your locker.**

**The School is not responsible for losses. It is each student's responsibility to look after their own belongings and respect those of other students.**



## KNOW WHEN TO GO TO CLASS?

Each day bells will ring to indicate the following:-

- 9.02 a.m. Warning bell - Move to period 1
- 9.07 a.m. Period 1
- 9.55 a.m. Period 2
- 10.43 a.m. Start Recess
- 11.20 a.m. Warning bell - Move to period 3
- 11.25 a.m. Period 3
- 12.15 a.m. Period 4
- 1.00 p.m. Start Lunch
- 1.39 p.m. Warning bell - Move to period 5
- 1.44 p.m. Period 5
- 2.32 p.m. Period 6
- 3.20 p.m. End of school day

- **FIND OUT WHERE I SHOULD BE?**

The timetable (see the sample below) shows the subject, teacher and the room where you should be each period. Your advisor will assist you with reading this during your first few days of high school. Many students place a copy inside their locker door and on their fridge at home. Alternatively you can access your personal timetable from Compass.



8500 Yea High School

Quilt: 2013S2

Monday

### School Timetable

Grid	Period 1			Period 2			Period 3			Period 4			Lunch			Period 5			Period 6					
	Class	Tch	Rm.	Class	Tch	Rm.	Class	Tch	Rm.	Class	Tch	Rm.	Class	Tch	Rm.	Class	Tch	Rm.	Class	Tch	Rm.			
13S2SS	MA101-01 10EN1-01 10MA1-02 EN044-01 MA072-01 MA122-01	SCT HLJ SKB RDD PRK DCB	HUB LA2 LA1 SS1 9 6	MA101-01 10EN1-01 10MA1-02 EN044-01 MA072-01 MA122-01	SCT HLJ SKB RDD PRK DCB	HUB LA2 LA1 SS1 9 6	10ADA-01 10ADA-02 BIO44-01 BMO22-01 BMO44-01 IE022-01 LS022-01 LS044-01 PH022-01 PH044-01	SCT HLJ BRJ WLJ HRK CHT MRJ MRJ PRK PRK	LA1 LA2 SL1 8CR SS1 HUB 9 9 SL3 SL3	10ADA-01 10ADA-02 BIO44-01 BMO22-01 BMO44-01 IE022-01 LS022-01 LS044-01 PH022-01 PH044-01	SCT HLJ BRJ WLJ HRK CHT MRJ MRJ PRK PRK	LA1 LA2 SL1 8CR SS1 HUB 9 9 SL3 SL3				10EN1-02 10MA1-01 CH022-01 DT022-01 HH022-01 MA144-01 PY044-01 SA022-01 SA044-01	HLJ SCT MCJ TKK BRJ PRK CLA BRP BRP	LA2 LA1 SL2 22 6 9 HUB 27 27	10EN1-02 10MA1-01 CH022-01 DT022-01 HH022-01 MA144-01 PY044-01 SA022-01 SA044-01	HLJ SCT MCJ TKK BRJ PRK CLA BRP BRP	LA2 LA1 SL2 22 6 9 HUB 27 27			
13S209	09AD1-01 09AD1-02 09AD1-03	GLN BRP BRJ	FL1 FL2 FL3	09AD1-01 09AD1-02 09AD1-03	GLN BRP BRJ	FL1 FL2 FL3	09EN1-02 09MA1-01	RDD BRD	FL1 6	09EN1-01 09MA1-02	BYJ BRD	FL1 6			09CC1-01 09CC1-02	HRK NTS	FL1 FL2	09CC1-01 09CC1-02	HRK NTS	FL1 FL2				
13S208	08PE1-01 08PE1-02	WLJ PLF	GM1 GM2	08PE1-01 08PE1-02	WLJ PLF	GM1 GM2	08EN1-01 08EN1-02	MLD BYJ	10 7	08MA1-01 08MA1-02	DCB GLN	10 7			08AD1-01 08AD1-02 08TAM-03	CHT DCB GNR	10 8CR MU1	08AD1-01 08AD1-02 08TAM-03	CHT DCB GNR	10 8CR MU1				
13S207	07EN1-01 07HU1-02 07TAW-03	MLD NT TKK	JS1 JS2 23	07HU1-01 07LO1-02 07TAW-03	CHT K TKK	JS2 JS2 23	07PE1-02 07TAA-03 07TAW-01	PLF BRP TKK	GM1 27 22	07PE1-02 07TAA-03 07TAW-01	PLF BRP TKK	GM1 27 22			07EN1-02 07EN1-03 07PE1-01	RDD BYJ WLJ	JS2 JS3 GM1	07EN1-02 07MA1-03 07PE1-01	RDD BRD WLJ	JS2 JS3 GM1				
AY13	AY07X-01 AY08X-01 AY09X-01 AY10X-01 AY11V-01 AY11X-01 AY12X-01	AY ay ay ay AAA ay ay	1AY 2 ay 3 ay 4 ay AAA 5 ay 6 ay	AY07X-01 AY08X-01 AY09X-01 AY10X-01 AY11V-01 AY11X-01 AY12X-01	AY ay ay ay AAA ay ay	1AY 2 ay 3 ay 4 ay AAA 5 ay 6 ay	AY07X-01 AY08X-01 AY09X-01 AY10X-01 AY11V-01 AY11X-01 AY12X-01	AY ay ay ay AAA ay ay	1AY 2 ay 3 ay 4 ay AAA 5 ay 6 ay	AY07X-01 AY08X-01 AY09X-01 AY10X-01 AY11V-01 AY11X-01 AY12X-01	AY ay ay ay AAA ay ay	1AY 2 ay 3 ay 4 ay AAA 5 ay 6 ay			AY07X-01 AY08X-01 AY09X-01 AY10X-01 AY11V-01 AY11X-01 AY12X-01	AY ay ay ay AAA ay ay	1AY 2 ay 3 ay 4 ay AAA 5 ay 6 ay	AY07X-01 AY08X-01 AY09X-01 AY10X-01 AY11V-01 AY11X-01 AY12X-01	AY ay ay ay AAA ay ay	1AY 2 ay 3 ay 4 ay AAA 5 ay 6 ay				
13YY	LIB-01	DFG	8	LIB-01	DFG	8	LIB-01	DFG	8	LIB-01	DFG	8	LIB-01	DFG	8	LIB-01	MCJ	8	LIB-01	DFG	8	LIB-01	DFG	8

Teacher  
MLD = Diane Miller

Room  
JS2 = Junior School Room 2

Subject  
PE = Physical Education

## COMPASS HANDBOOK

Using compass allows you to access up-to-date and meaningful information about our school. This system is used by staff, students and parents.

Compass includes many features, including:

- Parents ability to monitor your child's attendance, and enter an explanation for absence or lateness
- Parents can communicate with their child's teachers, and update your family contact details
- Students and parents can view their school timetable and calendar
- All users are able to view a Newsfeed and can customise alerts.
- Parents can book Parent-Teacher interviews



As the compass system becomes more familiar to staff, parents and students, more features will become available.

### Accessing Compass

Compass is a web-based system that is accessible on any modern web browser (Internet Explorer, Firefox, Google Chrome, Safari) or by downloading the Compass iOS or Android apps.

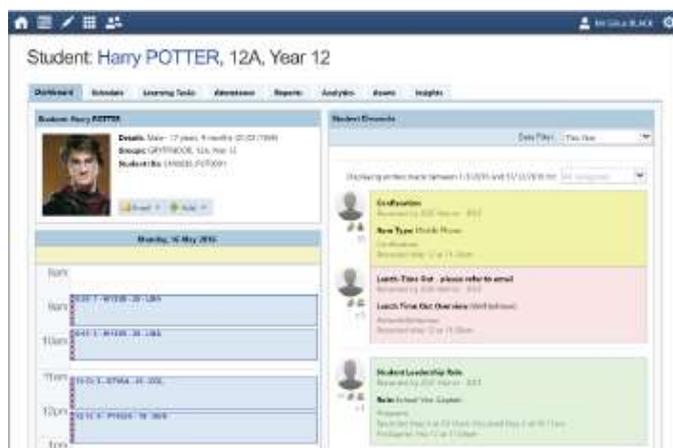


Each student and family receives a separate login to compass which will be provided to you by our school. Students and parents gain access to separate portals, this allows students and parents to gain access to different features. For example parents can access the attendance area of compass, while students cannot.

**Login details and passwords can be reset by calling the General Office ph:5797 2207.**

### Student Profiles

The student profile page provides you with an overview of today's classes and activities, the ability to email a teacher. From this page, students are able to instantly view their timetable as well as their newsfeed to key information, while from the parents portal – more detailed information can be viewed such as; attendance, teacher observations and academic reports.



## **STUDENT CODE OF CONDUCT AND BEHAVIOUR GUIDELINES**

Students and staff are jointly responsible for the care, maintenance and appearance of furniture, buildings and grounds. You must learn and obey the rules of your school; they are there to help you. These rules were worked out by parents, students and teachers.

### **BEHAVIOUR GUIDELINES**

- Do not damage equipment or furniture.
- Do not litter the school grounds.
- Use only the rooms provided for lunchtime activities.
- There is to be no eating in the school buildings except in the cafeteria.

### **As a matter of courtesy students are asked to:**

- Be punctual to classes.
- Come ready to work with pen, folders, books and correct uniform for P.E.
- Do not take mobile phones to class. If mobile phones are brought to school, they are the student's responsibility. The school is not responsible for the loss. They must be turned off during class time and placed in the plastic tub located at the front of each classroom.

### **In regard to the safety and welfare of students:**

- Do not smoke.
- Do not bring alcohol or drugs to school.
- Do not hit or hurt another student.
- Do not intimidate another student either physically or verbally. Harassment includes physical, emotional or verbal abuse in regard to matters relating to sex, race, religion and physical appearance.
- Cybersafety classes run by the local police are part of our Year 7 Advisory Curriculum to ensure appropriate mobile phone and computer usage.

## SCHOOL UNIFORM AND P.E. UNIFORM

School uniform is a vital part of school life. Students are asked to be in uniform on all occasions and the support of parents in ensuring that students are in correct uniform is essential. Uniform can be purchased from the General Office during business hours.

<b>SUMMER UNIFORM</b>	
<b>Girls</b>	<b>Boys</b>
<p>Dress, navy pants or navy school shorts with logo, light blue polo shirt with school logo or white skivvy, black lace up school shoes or T-bar school shoes, short white socks, navy blue school polar fleece with school name and a broad-brimmed hat such as Sunsmart hat. School Jacket</p>	<p>Grey school trousers, grey school shorts, navy school shorts with logo, blue shirt, light blue polo T Shirt with school logo, navy blue school polar fleece with the school name, black school shoes or boots, and broad-brimmed hat such as a Sunsmart hat. School Jacket</p>

<b>WINTER UNIFORM</b>	
<b>Girls</b>	<b>Boys</b>
<p>Light blue polo shirt with school logo or white skivvy, tartan skirt, navy blue school polar fleece with the school name, black lace-up school shoes, navy ribbed tights or short white socks. Navy dress pants. School Jacket</p>	<p>As for summer.</p>

<b>P.E UNIFORM</b>	
<b>GIRLS</b>	<b>BOYS</b>
<p>Red school polo t-shirt with school logo, black shorts or navy school shorts with logo, white socks and black sports shoes. In winter polar fleece and black tracksuit pants.</p>	<p>Red school polo t-shirt with school logo, black shorts or navy school shorts with logo, white socks and black sports shoes. In winter polar fleece and black tracksuit pants.</p>

## UNIFORM GUIDELINES

- **All students are required to be in the correct school uniform.**
- **All uniform can be purchased at the Yea High School Office.**
- Classroom teachers will check uniform and Advisors will be notified by the staff daily.
- If a student is out of uniform and there are medical reasons for not wearing a part of the uniform a letter of explanation accompanied by a letter from the doctor should be forwarded to the Principal.
- If the student is out of uniform without a note, the following procedures may be followed:-

**Day 1:** The classroom teacher will record details of students out of uniform and this will be forwarded to the relevant Advisor. The students will be spoken to by the Head advisor. A request for a note or a request for the student to put on the correct uniform will be made.

**Day 2:** The parent's will be notified via Compass. The student may receive a detention.

**Day 3:** If a student is out of uniform for more than three days the matter will be referred to the Assistant Principal. The student will be told to stay at home until his/her parents are interviewed by the Principal/Assistant Principal.

- If a student is out of uniform they will be asked to remove the item and they will be loaned an appropriate item from the Student Services Officer.
- Sun Smart broad-brimmed hats can be worn outside but not in class or in the school buildings. They must be worn outside at all times in Terms 1 and 4. Hats worn inside will be confiscated labelled and returned at the end of the week. Baseball style caps are not to be worn.
- Students can come to school in and go home from school, in P.E. uniform if they have PE classes during period 1 or 6. They are then to get changed into appropriate school uniform for periods 2-5. They are not to go to other classes in their P.E. uniform.
- Staff have been instructed not to enter into debate or argument with students about uniform. Any uniform issues raised by students will be referred to the Advisor, Head Advisor or the Assistant Principal.
- Second hand uniform items are available from the school. In some circumstances arrangements can be made to supply uniform which can be paid off.

## **PARENT SUPPLEMENT**

The vital role of the parent in a child's education is recognised universally.

We want you involved in your school. There is a wide variety of activities offered at Yea High School where your contribution is welcomed. Please make sure you read the Yea High School newsletter(fortnightly) to keep up to date with upcoming events.

- Parents:** We need your **ASSISTANCE**.
- in accessing, updating details on the Compass Parent Portal
  - in monitoring homework,
  - in monitoring your child's student organiser,
  - in helping around the school and with sports teams,
  - in enforcing school rules (especially uniform),
  - in ensuring regular, punctual attendance.

- Parents:** Make certain that you **ATTEND**
- Parent/Teacher Interview days and nights
  - Sports Days
  - Student presentations
  - Principal Endeavour Award Ceremonies

- Parents:** We need you to **PARTICIPATE** as a member of:
- Parents Club (to re-establish)
  - School Council
  - Volunteering on sports days

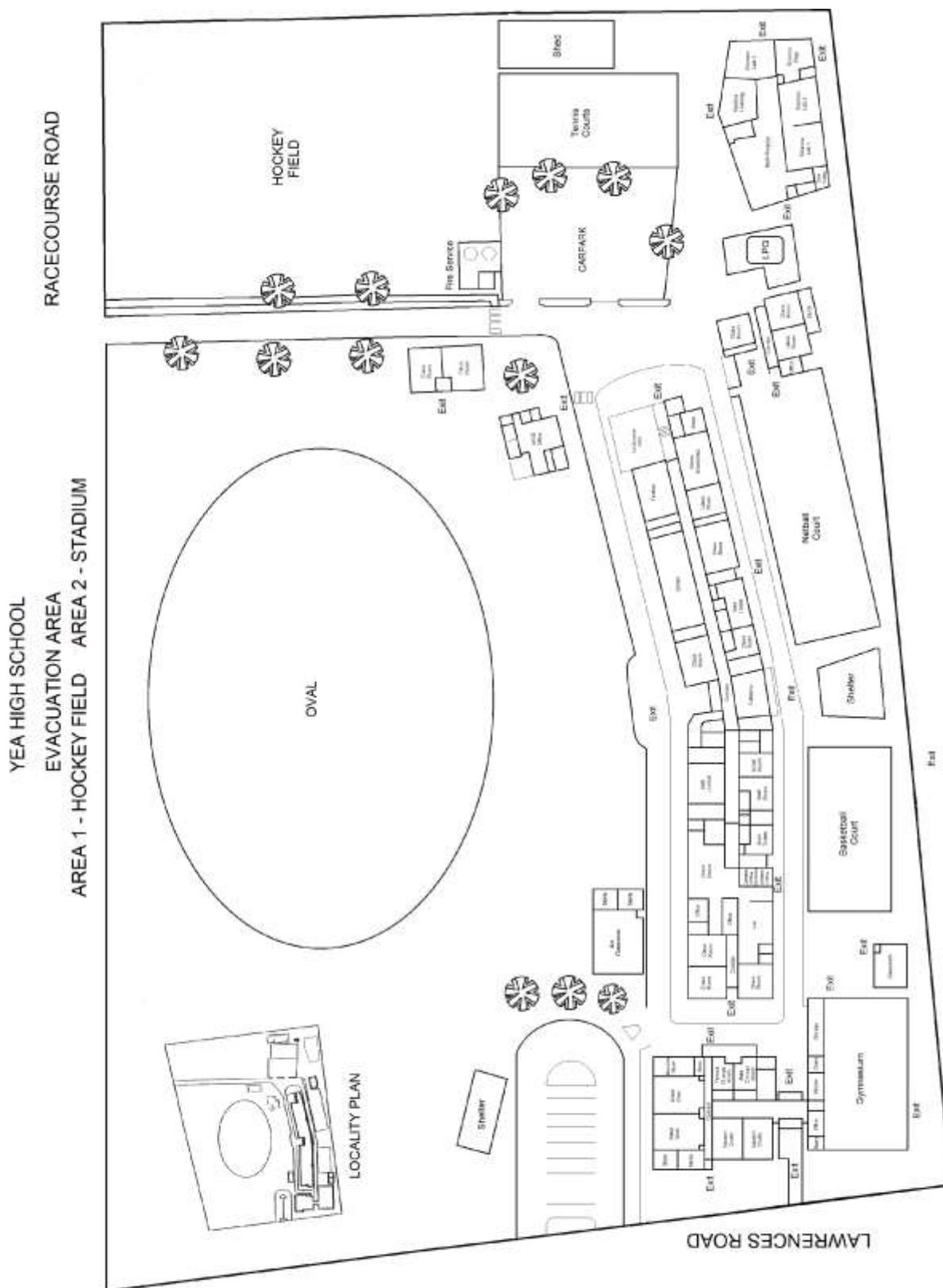
### **Parents' Newsletter**

The school prints a Parents' Newsletter every fortnight which is distributed on Thursdays. This is a vital link in our communication between the school and parents as it provides important information about the school. Newsletters are emailed home to parents that provide the office with an email address.



Office Staff – Ann, Celeste, Phoebe & Deb

# SCHOOL PLAN



## STUDENT SUPPORT SERVICES

Yea High School offers Student Support Services to our students on a continuous basis.

The Department of Education and Training (DET) provides educational services for the Victorian Government. Student Support Services are a part of DET. The purpose of Student Support Services is to assist children and young people facing a range of barriers to learning to achieve their educational and developmental potential through the provision of a range of strategies and specialised support.

Student Support Services comprise services provided by:

- Psychologists and guidance officers
- Speech pathologists
- Social workers
- Visiting teachers
- Other allied health professionals



Jacinta Byers  
Welfare Coordinator

At any time, parents/families or individual students may seek out Student Support Services by contacting Jacinta Byers (Student Welfare Coordinator) on (03) 5797 2207 or [byers.jacinta.m@edumail.vic.gov.au](mailto:byers.jacinta.m@edumail.vic.gov.au)

In the event of urgent response, the following services provide immediate support for distressed young people:

- Lifeline: 13 11 14 or [lifeline.org.au](http://lifeline.org.au)
- Kids Helpline: 1800 551 800 or [kidshelpline.org.au](http://kidshelpline.org.au)
- Suicide Call Back Service: 1300 659 467 or [suicidecallbackservice.org.au](http://suicidecallbackservice.org.au)
- eheadspace: 1800 650 890 or [eheadspace.org.au](http://eheadspace.org.au)

### Mental health and mental health problems in young people

**Good mental health is about being able to work and study to your full potential, cope with day-to-day life stresses, be involved in your community and live life in a free and satisfying way.**

A young person who has good mental health has good emotional and social wellbeing and the capacity to cope with change and challenges.

Feeling down, tense, angry, anxious or moody are all normal emotions for young people, but when these feelings persist for long periods of time, or if they begin to interfere with their daily life, they may be part of a mental health problem. Mental health problems can also influence how young people think and their ability to function in their everyday activities, whether at school, at work or in relationships.

If you think you know a young person whose mental health is getting in the way of their daily life, it is important to let them know you are there to support them.

### Warning signs

Most parents can tell when something is out of the ordinary, but there are also signs that suggest a young person might be experiencing a mental health problem. These are new, noticeable and persistent changes in the young person, lasting at least a few weeks, including:

Not enjoying, or not wanting to be involved in things that they would normally enjoy	Changes in appetite or sleeping patterns	Being easily irritated or angry for no reason	Their performance at school, TAFE, university or work is not as good as it should be or as it once was
Involving themselves in risky behaviour that they would usually avoid, like taking drugs or drinking too much alcohol	Experiencing difficulties with their concentration	Seeming unusually stressed, worried, down or crying for no reason	Expressing negative, distressing, bizarre or unusual thoughts